

| Beginn | Ende | Dauer | Titel | Untertitel | Rt-T 3+ J. | MA-% 3+ J. | Rt-T 15-59 J. | MA-% 15-59 J. |
|----------|----------|----------|--|---|---------------|---------------|------------------|------------------|
| 16:54:20 | 17:00:59 | 00:06:39 | Fussball: Frauen: Schweizer Cup, Final | Extro (EP) | 85 | 16,8 | 45 | 22,0 |
| 17:02:06 | 17:23:11 | 00:21:05 | Fussball: Frauen: Schweizer Cup, Final | Extro (EP) | 46 | 9,9 | 27 | 16,0 |
| 17:27:37 | 17:51:58 | 00:24:21 | Kehrseite - Abseits des Erfolgs | Heinz Lindner - Jung, fit und plötzlich Krebs | 30 | 6,7 | 15 | 9,1 |
| 18:00:02 | 19:01:11 | 01:01:09 | sportpanorama | | 158 | 22,3 | 46 | 18,3 |
| 19:07:11 | 19:58:42 | 00:51:31 | Schwerelos im Windkanal | 323 | 45 | 4,9 | 10 | 3,2 |
| 20:07:24 | 22:29:49 | 02:15:29 | kino hoch zwei: James Bond 007 - Casino Royale | | 69 | 5,6 | 30 | 6,2 |
| 22:33:51 | 00:44:01 | 02:03:42 | kino hoch zwei: The Northman | | 20 | 5,2 | 13 | 8,5 |

| Beginn | Ende | Dauer | Titel | Untertitel | Rt-T 3+ J. | MA-% 3+ J. | Rt-T 15-59 J. | MA-% 15-59 J. |
|----------|----------|----------|--|-------------------------------------|---------------|---------------|------------------|------------------|
| 00:22:20 | 00:31:19 | 00:08:59 | sportflash | | 4 | 2,1 | 1 | 1,1 |
| 00:35:37 | 02:00:00 | 01:23:11 | Gattaca | | 6 | 5,3 | 4 | 5,8 |
| 02:00:00 | 03:00:00 | 01:00:00 | Umstellung Sommerzeit | | 0 | 0,0 | 0 | 0,0 |
| 03:00:00 | 03:15:25 | 00:15:25 | Gattaca | | 4 | 4,4 | 2 | 5,4 |
| 03:15:36 | 05:19:36 | 02:04:00 | Die glorreichen Sieben | | 1 | 0,9 | 0 | 0,5 |
| 05:19:36 | 05:29:34 | 00:09:58 | SRF Selection - Musik | | 0 | 0,5 | 0 | 0,0 |
| 05:29:34 | 06:13:24 | 00:43:50 | nano | | 2 | 3,4 | 1 | 6,2 |
| 06:13:24 | 06:42:00 | 00:28:36 | nano | | 6 | 8,1 | 4 | 20,9 |
| 06:45:00 | 06:57:29 | 00:12:29 | Automobil: Formel 1: Männer: GP von Japan | Intro (FP) | 32 | 36,5 | 16 | 53,8 |
| 06:58:40 | 07:14:08 | 00:15:28 | Automobil: Formel 1: Männer: GP von Japan | Intro (FP) | 56 | 48,1 | 29 | 60,7 |
| 07:14:08 | 08:42:13 | 01:26:36 | Automobil: Formel 1: Männer: GP von Japan | Rennen | 81 | 51,7 | 43 | 60,3 |
| 08:42:13 | 09:03:39 | 00:21:26 | Automobil: Formel 1: Männer: GP von Japan | Extro (FP) | 63 | 37,5 | 38 | 48,1 |
| 09:05:33 | 09:17:05 | 00:11:32 | SRF Kids News | | 28 | 19,8 | 21 | 30,5 |
| 09:19:20 | 09:48:28 | 00:29:08 | ALPHAVISION: Fenster zum Sonntag | Alleinerziehend | 12 | 8,1 | 9 | 14,1 |
| 09:49:48 | 10:21:06 | 00:31:18 | Das weisse Gold von Noirmoutier | | 15 | 8,0 | 6 | 8,8 |
| 10:24:46 | 11:07:35 | 00:42:49 | Abenteuer Spanien | Der grüne Norden | 26 | 11,3 | 11 | 10,9 |
| 11:10:16 | 11:17:10 | 00:06:54 | Präsentation Sport | Studio (EP) | 25 | 10,0 | 8 | 7,9 |
| 11:17:10 | 11:19:59 | 00:02:49 | Ski Freestyle: Frauen und Männer: Weltcup, Gällivare, Finals | Intro (FP) | 23 | 9,0 | 9 | 8,9 |
| 11:19:59 | 12:45:45 | 01:23:56 | Ski Freestyle: Frauen und Männer: Weltcup, Gällivare, Finals | Ski Cross | 72 | 22,8 | 33 | 24,1 |
| 12:45:45 | 12:50:20 | 00:04:35 | Ski Freestyle: Frauen und Männer: Weltcup, Gällivare, Finals | Extro (FP) | 69 | 19,8 | 34 | 21,5 |
| 12:50:20 | 12:53:04 | 00:02:44 | Präsentation Sport | Studio (EP) | 63 | 18,2 | 31 | 19,8 |
| 12:55:47 | 14:41:06 | 01:45:19 | Automobil: Formel 1: Männer: GP von Japan | Rennen, Aufzeichnung | 46 | 12,9 | 22 | 14,6 |
| 14:42:50 | 14:54:58 | 00:12:08 | Fussball: Frauen: Schweizer Cup, Final | Intro (EP) | 32 | 8,0 | 15 | 9,0 |
| 14:56:04 | 15:02:22 | 00:06:18 | Fussball: Frauen: Schweizer Cup, Final | Intro (EP) | 32 | 8,4 | 16 | 10,5 |
| 15:02:22 | 16:54:20 | 01:36:07 | Fussball: Frauen: Schweizer Cup, Final | BSC YB-Frauen - FC Servette Chênois | 84 | 18,4 | 38 | 20,9 |
| 15:47:24 | 15:49:55 | 00:02:31 | Fussball: Frauen: Schweizer Cup, Final | Pause (EP) | 80 | 18,0 | 32 | 19,3 |
| 15:50:55 | 16:00:31 | 00:09:36 | Fussball: Frauen: Schweizer Cup, Final | Pause (EP) | 65 | 14,9 | 28 | 17,6 |
| 16:02:19 | 16:03:15 | 00:00:56 | Fussball: Frauen: Schweizer Cup, Final | Pause (EP) | 60 | 12,7 | 23 | 13,1 |